



For better
mental health

About us...

Mind in Taunton & West Somerset

Set up in 1982, we are a well-respected provider of a wide range of mental health services. Indeed, we are often the only independent, non-statutory source of support available to those experiencing mental ill-health or distress in our area of remit.

Our objectives are:

- ◆ To promote mental health and emotional well-being
- ◆ To encourage greater understanding of mental ill-health & distress
- ◆ To provide high quality mental health services
- ◆ To enable mental health services users to participate in the planning and delivery of services

At our 1998 AGM, members of the then 'Taunton Mind Association' voted to expand the remit of the Association to cover West Somerset because of the dearth of mental health services there and because of the increasing number of people enquiring about and using our services from that area.

We therefore now not only support many people from the disadvantaged urban and rural areas within and around Taunton but also those from the very rural West Somerset area.

Mind in Taunton & West Somerset is affiliated to national Mind and as part of our agreement with them we adhere to its quality standards system which includes targets relating to commitment to quality, governance, user involvement and participation, equality and diversity, financial management, people management and measuring performance.

We work closely with a wide range of other agencies within and outside of the mental health field and we have a strong tradition of consultation with those who use our services, mental health service survivors and other interested.

We work with a whole range of individuals, voluntary organisations, survivor groups and other agencies throughout the county and beyond including Somerset Partnership NHS Trust.

In the past we have been one of the partners supporting initiatives such as Speak Up Somerset, the Somerset Mental Health User Participation Consortium and the S.U.C.H. Project.

We are governed by a Board of Directors who oversees the work of around 10 members of staff and 30+ volunteers.