



For better
mental health

Hello! Welcome to Mind in Taunton & West Somerset's April e-news bulletin. If you would like more information about any of the items below or about Mind in Taunton & West Somerset in general then you can call the office on 01823 334906 or email jom@mindtws.org.uk

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Funding from Lloyds TSB Foundation for England and Wales

We are celebrating this week after securing a grant of £29,129 from Lloyds TSB Foundation for England and Wales towards our running costs over the next three years.

“At the beginning of the financial year it’s fantastic to receive such a boost,” said Stuart Hooper, Chief Executive. “The Lloyds TSB Foundation has been a great supporter of us in the past and this grant will enable us to continue to support and campaign on behalf of mental health service users.”

Volunteer listeners needed

You can make a difference to someone's life!

- Are you a good listener?
- Do you have 3 evenings a month to give?
- Would you like to develop your skills?
- Would you like to be part of a committed team of volunteers?

We are looking for volunteer listeners to work with Mindline Somerset, our telephone helpline. Full training and ongoing support is provided.

If you live in the surrounding area of Taunton and think you could support callers who are experiencing emotional distress, please contact us: telephone 01823 334906 or email Andrew.pritchard@mindtws.org.uk

Art exhibition well received

Peace of Mind service users held an art exhibition in Taunton library in March to present the work they have been doing as part of the group. Artwork ranged from sketches and paintings to sculptures and stained glass and everyone was thrilled to have had the chance to display their work as part of a public exhibition.

The exhibition was very well received and feedback from the event was very positive. Photos from the exhibition will be available soon on our website at www.mindtws.org.uk and in the meantime you can read some of the comments below:

“A happy exhibition! Well done. I have enjoyed looking and reading”

“The exhibition was alive. You could feel the expression!”

“Some very powerful work here – some painful, some tortured, some other. The Easter eggs hanging on corkscrew twigs standing in water I could have immersed myself in for at least another hour. Thank you.”

“Inspirational”

Thank yous

Thank you to Lloyds TSB Foundation for England and Wales for a grant of £29,129 towards core salary costs.

Thank you to the S C and M E Morland's Charitable Trust for their donation of £250 towards the cost of Mindline.

PLEASE TELL A FRIEND – Please forward this e-mail to anyone who you think might be interested in finding out more about Mind in Taunton and West Somerset.

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