



Hello again! Yes, it is the time of the month you have all be waiting for – the chance to catch up on what is going on here at Mind in Taunton and West Somerset – your favourite local mental health charity!

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Easter eggs-travaganza!



On Thursday 20 March we are holding an Easter eggs-travaganza at Chamberlains Café, North Street Congregational Church. Food For Life – our weekly food co-op – will also be there so come and treat yourself to some home-made Easter crafts and cakes and find out more about our fresh local veg scheme! There will also be a chance to win a delicious Easter egg in our Easter draw – tickets available on the day.

Taunton Street Collection

We will be taking to the streets of Taunton on Saturday March 1, rattling our collection tins with gusto, raising money to support the range of mental health services that Mind in Taunton and West Somerset provides across the region. If anyone is able to spare an hour on the day to help it would be much appreciated – if not, do spare us some change if you see us out and about!

Easter Art Exhibition



Creative art has long been recognised as an important recovery tool for those experiencing mental ill-health. There is immense therapeutic value in all forms of creative activity and being able to then display your achievements can have a huge impact on confidence and self-esteem.

With this in mind, Peace of Mind will be holding an art exhibition in Taunton main library from the 17 to the 29 March, showcasing the work of the group's service users. The exhibition will include paintings, drawings and photography among other things - do pop into the library over Easter if you can and have a look around the exhibition.

Shop online and help us raise money



Attention online shoppers – How would you like to raise money for Mind in Taunton and West Somerset *at no costs to you*, just from doing some shopping? We have teamed up with www.buy.at to offer supporters the chance to earn us commission on their online purchases.

When shopping online, you can access over 100 leading retailers - such as Amazon, Tesco, Thorntons, Marks & Spencer and John Lewis - using our webshop. Every time you use our webshop to go to a retailer's website and subsequently buy something, you'll automatically earn money for us! It's not just shops either – there are fantastic offers on mobile phones, DVD rental and many other things.

You don't pay anything extra by using our webshop, so please try to use it whenever you can. Please spread the word. Thank you!

Find our webshop at www.buy.at/MindTaunton - check out the A-Z before you shop to see if your retailer has a link.

Thank yous

Thank you to Marks & Spencer for donating £100 of store vouchers.
Thank you to the Albert Hunt Trust for their grant of £1,000 towards Mindline
Thank you to the Norman Family Charitable Trust for their grant of £250 towards
the cost of developing the newsletter
Thank you to the Woodroffe Benton Foundation for their grant of £500 towards
the cost of our Finance Manager



PLEASE TELL A FRIEND – Please forward this e-mail to anyone who you think might be interested in finding out more about Mind in Taunton and West Somerset.

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