



VOLUNTEER APPLICATION FORM

1. PERSONAL DETAILS

Surname:

First Name(s):

Address

Telephone No:

Post Code:

Email address:

Where did you hear about Mindline?

2. Tell us something about why you want to be a Mindline volunteer?

3. Previous work history:

4. What can you bring to this volunteer opportunity?

5. What are your main hobbies/interests?

6. Referees: *Please provide the names and addresses of two referees, one of whom will know you in a professional capacity.*

First Referee

Name & Address:

Second Referee

Name & Address:

Telephone No:

Telephone No:

How known to you:

How known to you:

7. Additional Information (optional):

8. Declaration:

Because of the nature of the voluntary work the Rehabilitation of Offenders act 1974 does not apply

I confirm that the information I have given on this form is correct. I also understand that an Enhanced Disclosure will be sought.

Signature:

Date:

Thank you for applying to be a Mindline volunteer .Please return your completed form to:

Mindline Somerset Manager
Mind in Taunton & West Somerset
The Market Building
Canal Road
Taunton
TA1 1PN



Volunteer Role Description:

As a Mindline volunteer you will be asked to:

- ◆ *Attend all initial and ongoing training*
- ◆ *To cover two evenings a month on the telephone helpline for a minimum of one year after training*
- ◆ *To take calls when on shift offering support and when appropriate signposting to other agencies*
- ◆ *Record information in line with Mindline procedures*
- ◆ *Give support while on shift to fellow volunteers*
- ◆ *Take responsibility for finding cover for your shift if you are unable to do it*
- ◆ *Be willing and open to the supervision process*
- ◆ *Attend monthly group support and supervision meetings*
- ◆ *Work in accordance with all policies and procedures*
- ◆ *On occasions to help with putting information packs together when on shift*
- ◆ *Contribute to the monitoring of the service*



Volunteer Profile:

Here are some of the qualities that make a Mindline volunteer

- ◆ Good communicator
- ◆ Someone who will listen carefully and supportively
- ◆ Empathic and non-judgemental attitude
- ◆ Integrity and sense of confidentiality
- ◆ Interest in mental health and the rights of users and carers
- ◆ Team player and supportive of other volunteers
- ◆ Insight into own problems and feelings
- ◆ Willingness to discuss how the work affects them